

# THE SAWNEE HIGHLINER

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## Slaying Energy Vampires

Did you know that you are sharing your home with vampires? “Energy vampires” that is... electronic devices that continue to consume electricity even when they are not in use. On average, these items can be responsible for up to 10% of the electricity used each month.

Sawnee EMC can help you drive a stake through the heart of these energy users, thus saving energy and money. One way to identify them is to look for devices with remote controls—TVs, DVRs, and audio equipment. Then target gaming consoles, computers, monitors, and printers, as well as chargers for cells phones, iPods, small DVD players, and laptops.

Chargers use energy even when they’re not charging anything.

An easy way to avoid this energy usage is to plug components of your computer or home entertainment system into a power strip. With a single flip of a switch, you can completely cut their power usage.

Ready to see what your energy vampires are costing you? Visit our online Energy Vampire Slayer at [www.sawnee.com/vampires](http://www.sawnee.com/vampires) to see how these common items can affect your energy consumption.



### CONTACT US

Web Address & Email:

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### QUOTABLE QUOTE

It's not the situation, but whether we react negative or respond positive to the situation that is important."

— Zig Ziglar

*This institution is an equal opportunity provider and employer.*

# Turn Your Coins Into Real Change

Operation Round Up allows Sawnee EMC members to voluntarily round up their monthly electric bill to the next whole dollar. The extra change from each payment goes directly into the Sawnee Electric Membership Foundation and is distributed to local charitable organizations, classroom grants and more. Every penny that is “rounded up” stays within the communities that Sawnee EMC serves.

Sign up for Operation Round Up online today at [www.sawnee.com/oru](http://www.sawnee.com/oru) or complete the form below and return with your next Sawnee EMC payment.



## OPERATION ROUND UP

**SIGN ME UP TODAY!**

I agree to support those in need in my community by having my electric bill rounded up each month to the nearest dollar with Operation Round Up.



*Thank you for enrolling in Operation Round Up! In addition to checking the box above, please complete the form below and return to Sawnee EMC with your next payment.*

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone** \_\_\_\_\_

**Email** \_\_\_\_\_

**Sawnee EMC Account No.** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Questions?** [www.sawnee.com/oru](http://www.sawnee.com/oru) • 770-887-2363 • [cindy.badgett@sawnee.com](mailto:cindy.badgett@sawnee.com)

## SAWNEE ACCEPTING APPLICATIONS FOR 2019 YOUTH PROGRAMS

Do you have a high school student in your home? If so, Sawnee EMC and the Sawnee Foundation are proud to offer two (2) youth programs for selected students residing in our service area.

### Sawnee Electric Membership Foundation Youth Scholarship Program

In the spring of 2019, the Sawnee Foundation will be awarding scholarships to some exceptional high school seniors residing in Sawnee's service area.

Applications must be received no later than 4:30 PM on January 24, 2019.

Please visit [www.sawnee.com/scholarships](http://www.sawnee.com/scholarships) for additional information, requirements, and an application form. Students may also check with the Guidance Office at their high school.

### 2019 Washington Youth Tour

The Washington Youth Tour is an exciting educational opportunity available to children of Sawnee EMC members. This is a weeklong experience in our nation's Capital that focuses on the creation and operation of America's Electric Cooperatives, our American history, and the U.S. Government. Interested students must be at least 16 years of age by June 1, 2019.

The application deadline is 5:00 PM on

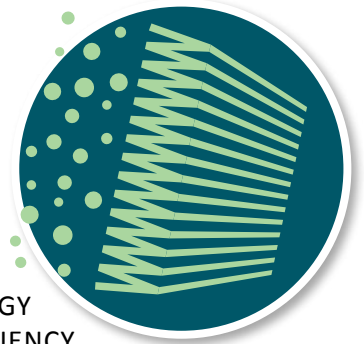
February 12, 2019 and the trip will be

June 13-20, 2019. You can find

additional information, including an application form,

at [www.sawnee.com/washington](http://www.sawnee.com/washington).

For additional questions about either of these programs, please contact Cindy Badgett, Director of External Affairs, at 678-455-1399 or via email at [cindy.badgett@sawnee.com](mailto:cindy.badgett@sawnee.com).



ENERGY  
EFFICIENCY

### *Tip of the Month*

Make sure you are ready for this winter by following one of the best (and easiest) ways to keep your HVAC working efficiently.

- Start the fall with a clean air filter
- Do research on your system to find out how often your filters should be changed or cleaned
- Schedule maintenance with your HVAC provider

Need more energy efficiency information? Contact our energy services advisors at 770-887-2363 or via email at [marketing@sawnee.com](mailto:marketing@sawnee.com).







*Thank You*  
for voting us...

**"Highest in Customer  
Satisfaction Among  
Cooperatives"**

—J.D. Power

For J.D. Power 2018 award information,  
visit [//jdpower.com/awards](http://jdpower.com/awards).

## ATTACHING SIGNS TO UTILITY POLES IS HAZARDOUS

Although it seems innocent  
enough, hanging signs  
and other items

on utility  
poles can  
create a

serious safety

hazard. Nails, staples,

or screws used to attach

signs to our poles, and the signs

themselves, all pose a danger to Sawnee EMC's

line workers who often climb them when restoring power or performing  
routine maintenance.

Objects such as birdhouses also create dangerous obstacles. The nails and  
screws left behind can snag a workers' boots or puncture safety clothing,  
making line workers vulnerable to injury.

Please think twice before hanging anything on a utility pole near your home  
or business. Thank you for your cooperation... and for being a member of  
Sawnee EMC.



## Here's WATTS Cookin' Parmesan Roasted Broccoli

### Ingredients:

24 ozs. broccoli florets

3 tbsp. olive oil

4 cloves garlic, minced

Kosher salt and pepper, to taste

¼ cup Parmesan, grated

Juice of 1 lemon

### Instructions:

Preheat oven to 425°F. Lightly oil a baking sheet or coat with nonstick spray. Place broccoli florets in a single layer onto the prepared baking sheet. Combine olive oil and garlic and drizzle over broccoli. Season with salt and pepper. Gently toss to combine. Place into oven and bake for 10-12 minutes. Sprinkle with Parmesan and lemon juice. Serve immediately.



👉 Thanks to Paige Edwards for the recipe! Do you have a recipe to share with us? If we print it, we'll credit your account \$5.00. Send your favorite recipe to [marketing@sawnee.com](mailto:marketing@sawnee.com).